

## **WHAT TO DO IN MARDEN – SUMMER 2026**

**Compiled for you by MDFC (with Living Memories)**

SO much going on in Marden: Keep your eyes open, there are posters in the library/Surgery/PO Cafe/Station/Village Club. Check out local facebook pages.

Check Marden Parish Council [Welcome-Pack-April-2026.pdf](#)

Check the village diary and the Parish Magazine on the church website:

<https://www.mardenchurch.org.uk/specialevents.htm>

Pick up a paper copy of the Parish Magazine in the Church. Choose an event, talk to people, keep ears/eyes open, find out via old fashioned word of mouth!

In the meantime, here are just a few ideas about what to do in Marden:

**Marden Dementia Friendly Community, our last free lunch Tuesday 7<sup>th</sup> July at The Unicorn.**

After this we will be continuing with **Free Afternoon Teas at the Marden Village Club, starting Tuesday 1<sup>st</sup> September 3pm – 4.30pm**, for those living with dementia and a carer.

A great opportunity for people to share their stories, laugh, cry, help each other.

**Regular exercise can reduce your risk of dementia by as much as 30%, and of course many other health conditions are improved with exercise. See below for some information that may help you achieve this goal in a social environment.**

**Seated exercise class run by Millie twice a week £7**

Fridays, John Banks Hall, 10.30 to 11.30

Mondays Marden Village Club 1.45pm til 2.45pm

**Please check before you go.** Tel 07525 237390 [milliefriday@hotmail.co.uk](mailto:milliefriday@hotmail.co.uk)

**Jane** [enquiries@kentpilates.co.uk](mailto:enquiries@kentpilates.co.uk) running classes in the John Banks Hall Tuesdays and Thursdays

**Sarah** [skspringhall@gmail.com](mailto:skspringhall@gmail.com) running many classes in her own studio in Sheephurst Lane

**Emily Fox and Flow Yoga** Tuesday evenings John Banks Hall 8-9pm.

Visit <https://foxandflow.co.uk> email [foxflowmarden@gmail.com](mailto:foxflowmarden@gmail.com)

**Jo** at **Hunta Crossfit** runs **The Silver Sneakers** classes Mondays/Thursdays 10.30-11.30am.

For more visit [www.crossfit-hunta.co.uk](http://www.crossfit-hunta.co.uk) Email: [jo@crossfit-hunta.co.uk](mailto:jo@crossfit-hunta.co.uk)

**Brigade** in Pattenden Lane, contact Tom for more information: [tom@brigadefitness.co.uk](mailto:tom@brigadefitness.co.uk)

<https://www.facebook.com/brigade.fitness>

**Amelia** at **AJP Fitness**: [amelia@ajpfitness.co.uk](mailto:amelia@ajpfitness.co.uk)

**The Atlas Gym** on the way to Goudhurst from Marden. [enquiries@atlasecogym.co.uk](mailto:enquiries@atlasecogym.co.uk)

**Church Summer Fayre and Teddy Zip Wire – we hope you didn't miss it! 4<sup>th</sup> July 10 – 2pm**

**Marden Church Cream Teas! 3.30 – 5pm** on the Vicarage Lawn £5/head. Invite a friend or neighbour or someone new to the village of any of the five Sundays in August.

**Wet Golf:** Sunday 19<sup>th</sup> July, **Macmillan fundraising Summer Barbecue** at The Unicorn with The Little Brother Band, food provided by The Gourmet Hog Roast Company.

Email [wetgolfers@gmail.com](mailto:wetgolfers@gmail.com) or get a ticket at The Unicorn

**Marden Walking Group:** weekly Saturday walks start at the Library 2pm for about an hour. Adjustments on the day to suit weather, walkers, paths. Contacts: Steve 01622 831007, [steve.mccaragher@btinternet.com](mailto:steve.mccaragher@btinternet.com), Sian 01622 81106, [sianburr@hotmail.co.uk](mailto:sianburr@hotmail.co.uk)

Longer walks on Tuesdays. They have walked, and will continue to walk along the North Downs way heading West. Each section walked is approximately 8-10 miles. If you are interested please contact Ian Balmer on 07528 801306 or [igbalmer@gmail.com](mailto:igbalmer@gmail.com)

A very sociable way to exercise with slightly shorter walks. Colin ([colyn1@yahoo.com](mailto:colyn1@yahoo.com)) also the shorter circular walks around Marden. These are on Saturday afternoon starting at 2pm and are usually about an hour. His group number have been as large as 15/16. They have included some dementia sufferers. Once a month he also organises a **train trek**, taking the train to take his group to the start. These walks will be longish. **Monday 27<sup>th</sup> July meet at the station at 8.50am, contact Colin first. It will be a trek to Dymchurch.**

**A walk from Brenchley to Goudhurst on Saturday 18<sup>th</sup> July on the High Weald Landscape Trail.** 4.6 miles but can be shortened to 1.8 miles if you get the bus back. Contact [d.boniface@hotmail.co.uk](mailto:d.boniface@hotmail.co.uk) for more details.

**Play On!** – is on hold for the moment, awaiting further funding.

We are optimistic but will keep you posted - watch this space!

**Sporting Memories** on Tuesdays. Contact Sue 01622 833053

or [Sue.Eltringham@SEEoccupationaltherapy.co.uk](mailto:Sue.Eltringham@SEEoccupationaltherapy.co.uk)

### **Marden in Bloom**

**Scarecrow Safari Saturday 5<sup>th</sup> September**, Film Theme – together with the annual **bulb sale!**

Contact [anne.boswell@yail.com](mailto:anne.boswell@yail.com) or MardeninBloom/ facebook page.

**Marden Horticultural Society:** Tuesday 8<sup>th</sup> September 7.30pm Vestry Hall 'A Brief History of Gardens Open for Pleasure' with Stev Bustin, Hardy Plant Soc. [info@mardengardeners.uk](mailto:info@mardengardeners.uk)

**Come and Sing:** £2 alternate Thursday pm Vestry Hall, 2<sup>nd</sup> & 16<sup>th</sup> July (summer party).

**Marden Society**, all talks now at 2.30, Vestry Hall, refreshments afterwards.

Contact Steve 07946 532591

**Monthly Community Lunches:** third Monday of each month, contact Carol 01622 832900, [carol.hogg@hotmail.com](mailto:carol.hogg@hotmail.com) please book in advance. It's a yummy meal, don't miss it!

**Marden History Group:** check their facebook page for details of talks, dates, times. Always interesting, go along and find out. Email [history@mardenhistory.org.uk](mailto:history@mardenhistory.org.uk)

**The Village Café**, Vestry Hall every Friday 10 til 11.45. Marden's answer to Social Media! ☺ AND enjoy homemade goodies! Small charge for tea/coffee/cake/cheese scones.

Coffee and chat in the **Library Thursdays** 10 - 11 and **Tuesdays** 2 - 4 for board games. Support your local Library, more than just a library!

**Marden Art Group** progress your artistic talent with the friendly support and encouragement of Claire, a warm fire, hot drink and biscuit. Contact Claire on 07880 535 395 for more info. Or email Vera [vk555@btinternet.com](mailto:vk555@btinternet.com)

**Marden Wildlife Group** have a great facebook page with information on local wild life, ringing of birds and a place for you to ask questions regarding anything wildlife related

**Mens' Breakfast** in the Memorial Hall, £12 book ahead via Geoff Burr 07973 118241 or email [geoffreyburr@btinternet.com](mailto:geoffreyburr@btinternet.com).

**The Women's Institute** the first Thursday of the month, Vestry Hall, 7.45pm. Contact Barbara Hammond to find out about the Garden Party in July [barbham50@gmail.com](mailto:barbham50@gmail.com)

**Marden Bowls Club:** Contact [mardensecretary24@gmail.com](mailto:mardensecretary24@gmail.com)

**The Food Bank**, the Vestry Hall Mondays 9.30am until 11.30am, or contact the Church.

**Digital Support: very under used! For complete beginners or more experienced.**

Book a session in the library via:

<https://www.digitalkent.uk/information/projects/engagement/hubs>

or telephone 03000 410950 for help with your phone, tablet or laptop

If you are worried about someone/yourself/need advice re dementia, call:

**ADSS, Alzheimer's Dementia Support Services on 01474 533990**

**They are amazing, supportive, kind people. Don't worry alone.**